Center for
Pregnancy Choices
Metro Area

Life Walk

Saturday, May 3rd
Trustmark Park | 9 am

Must be a registered fundraising walker to attend.
Register as a walker or create a team.

cpcmetro.org

Why Walk?

Meet Delaney & Silas

Delaney was scared and alone when she found out she was pregnant. Without healthcare and unsure of what to do, she felt overwhelmed. Having a baby didn't seem like an easy option at this point in her life. Searching for answers, she found CPC Metro's clinic, The Cline Center, online and decided to make an appointment.

"I expected the basics—you know, not really help, because that's how free services usually go," she said. But when she arrived, she was surprised. The nurse took the time to listen, giving her space to express her fears and concerns about the pregnancy.

"They just sat in the room quietly with me for a long time—like 10 or 15 minutes—while I cried."

For the first time, Delaney felt like someone was on her side. She began to believe that things might be okay. She left the appointment not only feeling empowered to keep her baby but also encouraged to reconnect with a church through a local support group.

Through the group, she formed friendships with women who supported her in ways she had never experienced before. She felt so at home with them that she eventually became a church member and was baptized.

A short time later, she gave birth to her son, Silas—one of the greatest joys of her life.
"I feel extremely empowered just knowing I have all these people behind me who believe in me."
Delaney knows her life changed the day she walked through the doors of The Cline Center.
"I'm much better off. I'm just happier.
I'm really grateful."

Scan the QR code to learn more about **Delaney & Silas's** story.

Life Walk 2025 Incentives

Youth Walkers
Ages 0-12

Prizes available for youth participants based on their fundraising levels:

CPC Metro Youth T-Shirt

$100

Drawstring bag

$250

KIds VIP Party

$400

Teen Walkers
Ages 13-18

Prizes available for teen participants based on their fundraising levels:

CPC Metro T-Shirt

$250

CPC Metro Hoodie

$400

Teen VIP Party

$600

Adult Walkers
Ages 18+

Prizes available for adult participants based on their fundraising levels:

CPC Metro T-Shirt

$250

CPC Metro Hoodie

$400

VIP dinner and chance to win vacation or technology package.
(1 entry per $1,000 raised)

$1000

Fundraising Tips

BY REGISTERING FOR LIFE WALK 2025, you've taken a big step in empowering the choice for life. Understanding and sharing the impact of fundraising is key to making an even greater difference.

- Share on Social Media
- Ask for a Pledge to be billed at a later time
- Ask co-workers or your boss to sponsor you
- Donate to yourself
- Ask your coffee shop or hair salon to sponsor you
- Text your Donation Page to friends, family, or neighbors
- Personalize your Donation Page
- Share why you support CPC Metro

EASILY RAISE $1,000

Team Spirit

We walk with purpose and pride to Empower the Choice for Life for women in our communities! Flaunt your team's enthusiasm and show everyone else what true team spirit looks like!

The team with the most spirit will be awarded on the day of the walk, so don't let your team down! Come dressed for the event and bring your best team spirit sign that stands out in the crowd.

SPONSORSHIP PLEDGE FORM

WALKER INFORMATION

PLEASE USE BALL POINT PEN

Walker's Name _____

Address _____

City _____ State_____ Zip_____

Phone_____Email_____

Church/Group_____ I am a/an: ❑Adult ❑Teen ❑Child

MY GOAL:

❑ $250
❑ $400
❑ $500
❑ $1000
❑ $_____

Bring this completed form to the walk. You may photocopy this form for additional pledge space. Please print all information clearly. Make all checks payable to Center for Pregnancy Choices.

First	Last		
Address			
City	ST	Zip	Phone
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Scan the QR code to register online

Online Registration Steps:

1. Go to cpcmetro.org/life-walk
2. Click on “REGISTER”. Click on “PARTICIPATE”
3. Follow the steps to register.
4. Personalize your fundraising page.
5. Set a goal of how much you would like to raise.
6. Begin collecting donations in person, on Facebook, email, etc.

Life Walk FAQS

1. If I sign-up to be a walker, do I have to attend?
No, you do not have to attend the Life Walk to fundraise, but we do encourage our walkers to join us in the celebration. We will arrange to get your fundraising packet at an earlier date if you cannot be there.

2. Can I still attend if I am not athletic or physically able to do the walk?
Of course, you can. This is a celebration not a competitive race. You can sit, stand, or walk at the event. Feel free to cheer on the other walkers as they pass the finish line or sign up to be a volunteer at one of our tables for the event.

3. Is this a political event?
Absolutely not! We are joining hands with the community to show our support for women in the Metro area. This is a day to celebrate the accomplishments of those who have raised funds for the CPC Metro who provides services for women in crisis situations.

4. Is this a 5k or longer walk?
No, it is only around the stadium. You do not need to be athletic to do this walk.

5. What are the proceeds for the walk for?
The Life Walk is sponsored by generous donors, so all the proceeds raised go directly to the life-saving work of the CPC Metro. It pays for moms to receive free services at our clinic as well as resources and support beyond their pregnancy.

6. How do I register as a Walker under an existing team?
It's so easy. Visit our Life Walk Event page and click "PARTICIPATE". From there, you can register as a walker under the team of your choice or as an individual.

7. Can I start my own team?
You can! If your church or business is not already represented, you can sign up as an ambassador to start a team. Visit our Life Walk Event page and click "PARTICIPATE". From there, you can register as an ambassador and recruit walkers to join you.

8. What do I have to do to be a Walker?
This is one of our biggest fundraising events of the year, so we ask each walker to try to raise $250+ from sponsors. We have an easy fundraising tips guide to get you started. There are prizes based on the amount of sponsorship each walker raises.

9. Do I have to raise $250 to be a Walker at the event?
This is one of our biggest fundraisers of the year, and we rely on the proceeds from the walk to keep our life-saving work going. We encourage our walkers to raise $250. Check out our easy fundraising tips guide to get started.

10. How old do I have to be to participate in the Life Walk?
Any age can join the Life Walk. We have prize incentives for youth (0-12),

Thank you

for empowering the choice for life!

Center for Pregnancy Choices
Metro Area

Life Walk

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Jackson, MS 39216

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Jackson, MS 39296

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601.487.1063